# Physician Leadership for Transformative Change 2.0 A Physician Retreat Unlike Any Other You've Experienced

Renew your energy and recapture your joy while preparing to be a change agent within your organization.



AdventHealth Tampa designates this live activity for a maximum of 25.0 AMA PRA Category 1 Credit(s).

Physicians should claim only the credit commensurate with the extent of their participation in the activity. AdventHealth is accredited by the Florida Medical Association to provide continuing medical education for physicians. The planners/ presenters of this activity have disclosed no financial relationship relevant to the content to be presented.



## **Course Objectives**

- 1. Experience personal and professional renewal
- Develop strategies for resiliency and personal wellbeing as the basis for successfully navigating the current environment of practice
- Develop specific leadership skills to engage your administration, colleagues, and clinical teams in creating the transformations needed to optimize the healing process, clinical outcomes, and overall satisfaction

### Outcomes -

- Integrate proven, effective self-care practices into your daily life.
- Access your own strengths in order to develop the gifts and talents of those around you.
- Employ new approaches to listening and questioning making you more present to yourself, your family, and your colleagues.
- Utilize newly acquired tools to be an agent of change.

## **Instructors**



## Joe Sherman, M. D.

Dr. Sherman is a Pediatrician and Clinical Associate Professor at the University of Washington. He is a coach and consultant to individuals

& healthcare organizations in the areas of cross-cultural medicine, leadership, and provider well-being.



#### Herdley Paolini, Ph. D., L.P.

Dr. Paolini gained national attention by creating the first-of-its-kind holistic physician well-being and leadership program. She is a licensed

psychologist and author of Inside the Mind of a Physician. She founded the Institute for Physician Integration.

For More Information: www.physicianintegration.org

